

Effective February 1, 2023



Health and Wellness Screening Packages

Male Package



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Our preventive and wellness packages have been designed to screen all relevant health indicators and parameters to detect any unusual risk factors.

There are studies to show that regular health screenings could significantly improve our quality of life, by preventing the onset of chronic diseases as well as early detection of major diseases. Early detection of major diseases is a critical factor in the successful treatment of such diseases.

According to the World Health Organization, regular screenings are advised for both men and women because detecting symptoms of certain health conditions early allows for more treatment options.

At Evercare Hospital Lekki, we recognize these factors and have created affordable health screening packages for men and women. These packages were specially curated to suit various needs.

We also curate custom packages as well as provide additional/top up screenings based on requests.

Send an email to wellness@evercare.ng for custom packages

For more information and to schedule a health and wellness screening, contact wellness@evercare.ng or call 0813 985 0710

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Basic Package

Pre and Post Medical Assessment & Consultation
Body Mass Index (BMI)
Blood Pressure Check
Fasting & Random Blood Sugar
Clinical Testicular Examination and Instruction on Self Exam
Preventive Medication Recommendations/
Lifestyle Modification Counselling
Stool Occult Blood
Uric Acid
Calcium Serum
Full Blood Count
Erythrocyte Sedimentation Rate
Lipid Profile
Chest Xray
Urinalysis
Stool Routine Examination
Hep B Screening Test
Hep C Screening Test
Kidney Function Test
Liver Function Test
Abdominal Ultrasound Scan
Resting ECG



Intermediate Package

Pre and Post Medical Assessment & Consultation
 Body Mass Index (BMI)
 Blood Pressure Check
 Fasting & Random Blood Sugar
 Clinical Testicular Examination and Instruction on Self Exam
 Preventive Medication Recommendations/
 Lifestyle Modification Counselling
 Stool Occult Blood
 Uric Acid
 Calcium Serum
 Full Blood Count
 Erythrocyte Sedimentation Rate
 Lipid Profile
 Chest Xray
 Urinalysis
 Stool Routine Examination
 Hep B Screening Test
 Hep C Screening Test
 Kidney Function Test
 Liver Function Test
 Abdominal Ultrasound Scan
 Resting ECG

Intermediate Package cont'd

Urine For Mcs And Culture (Ucem) (Msu)
 Thyroid Stimulating Hormone (TSH)
 Glycated Hemoglobin (HbA1c)
 PSA (Postrate Specific Antigen) Test

Comprehensive Package

Pre and Post Medical Assessment & Consultation
 Body Mass Index (BMI)
 Blood Pressure Check
 Fasting & Random Blood Sugar
 Clinical Testicular Examination and Instruction on Self Exam
 Preventive Medication Recommendations/
 Lifestyle Modification Counselling
 Colon Cancer Screening (Faecal Immunochemistry Test (Fit))
 Uric Acid
 Calcium Serum
 Full Blood Count
 Erythrocyte Sedimentation Rate
 Lipid Profile
 Chest Xray
 Urinalysis
 Stool Routine Examination
 Hep B Screening Test
 Hep C Screening Test
 Kidney Function Test
 Liver Function Test
 Abdominal Ultrasound Scan
 Resting ECG

Comprehensive Package cont'd

Urine for Mcs and Culture (Ucem) (Msu)
 Thyroid Function Test
 Glycated Hemoglobin (HbA1c)
 PSA (Prostate Specific Antigen) Test
 Echocardiogram
 Spirometry (Lung Function Test)
 Eye Examination (Fundoscopy & Visual Acuity)
 Dental Scaling and Polishing
 Audiometry (Hearing Test)

Advanced Package

Pre and Post Medical Assessment & Consultation
 Body Mass Index (BMI)
 Blood Pressure Check
 Fasting & Random Blood Sugar
 Clinical Testicular Examination and Instruction on Self Exam
 Preventive Medication Recommendations/
 Lifestyle Modification Counselling
 Colon Cancer Screening (Faecal Immunochemistry Test (Fit))
 Uric Acid
 Calcium Serum
 Full Blood Count
 Erythrocyte Sedimentation Rate
 Lipid Profile
 Chest Xray
 Urinalysis
 Stool Routine Examination
 Hep B Screening Test
 Hep C Screening Test
 Kidney Function Test
 Liver Function Test
 Abdominal Ultrasound Scan

Advanced Package cont'd

Resting ECG
 Urine For Mcs And Culture (Ucem) (Msu)
 Thyroid Function Test
 Glycated Hemoglobin (HbA1c)
 PSA (Prostate specific antigen) Test
 Echocardiogram
 Stress ECG
 Spirometry (Lung Function Test)
 Eye Examination (Fundoscopy & Visual Acuity)
 Cancer Tumor Markers (CEA, CA 19 9 Alpha feto protein)
 Consultation with 1 specialist based on the screening (In-house specialists only)
 Audiometry – Hearing Test
 Dental Check – Scaling & Polishing

Super Advanced Package

Pre and Post Medical Assessment & Consultation
 Body Mass Index (BMI)
 Blood Pressure Check
 Fasting & Random Blood Sugar
 Clinical Testicular Examination and Instruction on Self Exam
 Preventive Medication Recommendations/
 Lifestyle Modification Counselling
 Colon Cancer Screening (Faecal Immunochemistry Test (Fit))
 Uric Acid
 Calcium Serum
 Full Blood Count
 Erythrocyte Sedimentation Rate
 Lipid Profile
 Chest Xray
 Urinalysis
 Stool Routine Examination
 Hep B Screening Test
 Hep C Screening Test
 Kidney Function Test
 Liver Function Test
 Abdominal Ultrasound Scan

Super Advanced Package cont'd

Resting ECG
 Urine For Mcs And Culture (Ucem) (Msu)
 Thyroid Function Test
 Glycated Hemoglobin (HbA1c)
 PSA (Prostate specific antigen) Test
 Echocardiogram
 Stress ECG
 Spirometry (Lung Function Test)
 Eye Examination (Fundoscopy & Visual Acuity)
 Cancer Tumor Markers (CEA,CA 19 9 Alpha feto protein)
 Consultation with 1 specialist based on the screening (In-house specialists only)
 Audiometry – Hearing Test
 Dental Check – Scaling & Polishing
 Advanced Pulmonary Function Test (PFT)

Add ons

You may choose from the following add-on tests.
Kindly consult with a physician for additional information

Colonoscopy

Sexual Health

Sleep Study

*Study can be conducted at home with a portable device
to monitor your breathing and other parameters



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