

Effective February 1, 2023



Health and Wellness Screening Packages

Female Package



Address 1 Admiralty Way, Bisola Durosinmi Etti Drive, Lekki Phase 1

Website	Email	Phone
www.evercare.ng	info@evercare.ng	0813 985 0710

evercarehospitallekki Evercare Hospital Lekki inEvercare Hospital Lekki



Our preventive and wellness packages have been designed to screen all relevant health indicators and parameters to detect any unusual risk factors.

There are studies to show that regular health screenings could significantly improve our quality of life, by preventing the onset of chronic diseases as well as early detection of major diseases. Early detection of major diseases is a critical factor in the successful treatment of such diseases.

According to the World Health Organization, regular screenings are advised for both men and women because detecting symptoms of certain health conditions early allows for more treatment options .

At Evercare Hospital Lekki, we recognize these factors and have created affordable health screening packages for men and women. These packages were specially curated to suit various needs.

We also curate custom packages as well as provide additional/top up screenings based on requests.

**Send an email to
wellness@evercare.ng for
custom packages**

**For more information and to schedule a health
and wellness screening, contact
wellness@evercare.ng or call 0813 985 0710**

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Female

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Basic Package

Pre and Post Medical Assessment & Consultation
Body Mass Index (BMI)
Blood Pressure Check
Fasting & Random Blood Sugar
Clinical Breast Examination
Preventive Medication Recommendations/
Lifestyle Modification Counselling
Cervical Smear (Pap Smear)
Abdominopelvic Ultrasound
Stool Occult Blood
Uric Acid
Calcium Serum
Full Blood Count
Erythrocyte Sedimentation Rate
Lipid Profile
Chest Xray
Urinalysis
Stool Routine Examination
Hep B Screening Test
Hep C Screening Test
Kidney Function Test
Liver Function Test
Resting ECG



Intermediate Package

Pre and Post Medical Assessment & Consultation
 Body Mass Index (BMI)
 Blood Pressure Check
 Fasting & Random Blood Sugar
 Clinical Breast Examination
 Preventive Medication Recommendations/
 Lifestyle Modification Counselling
 Cervical Smear (Pap Smear)
 Abdominopelvic Ultrasound
 Stool Occult Blood
 Uric Acid
 Calcium Serum
 Full Blood Count
 Erythrocyte Sedimentation Rate
 Lipid Profile
 Chest Xray
 Urinalysis
 Stool Routine Examination
 Hep B Screening Test
 Hep C Screening Test
 Kidney Function Test
 Liver Function Test
 Resting ECG

Intermediate Package cont'd

Urine For Mcs And Culture (Ucem) (Msu)
 Thyroid Stimulating Hormone (TSH)
 Glycated Hemoglobin (HbA1c)
 Breast Scan - below 40 Years

Comprehensive Package

Pre and Post Medical Assessment & Consultation
 Body Mass Index (BMI)
 Blood Pressure Check
 Fasting & Random Blood Sugar
 Clinical Breast Examination
 Preventive Medication Recommendations/
 Lifestyle Modification Counselling
 Cervical Smear (Pap Smear)
 Abdominopelvic Ultrasound
 Colon Cancer Screening (Faecal Immunichemistry Test (Fit))
 Uric Acid
 Calcium Serum
 Full Blood Count
 Erythrocyte Sedimentation Rate
 Lipid Profile
 Chest Xray
 Urinalysis
 Stool Routine Examination
 Hep B Screening Test
 Hep C Screening Test
 Kidney Function Test
 Liver Function Test
 Resting ECG

Comprehensive Package cont'd

Urine For Mcs And Culture (Ucem) (Msu)
 Thyroid Function Test
 Glycated Hemoglobin (HbA1c)
 Echocardiogram
 Breast Scan < 40
 Mammogram- Bilateral - 40+/if clinically required
 Spirometry (Lung Function Test)
 Eye Examination - Fundoscopy, Visual Acquity
 Dental - Scaling & Polishing
 Audiometry - Hearing Test

Advanced Package

Pre and Post Medical Assessment & Consultation
 Body Mass Index (BMI)
 Blood Pressure Check
 Fasting & Random Blood Sugar
 Clinical Breast Examination
 Preventive Medication Recommendations/
 Lifestyle Modification Counselling
 Cervical Smear (Pap Smear)
 Abdominopelvic Ultrasound
 Colon Cancer Screening (Faecal Immunichemistry Test (Fit))
 Uric Acid
 Calcium Serum
 Full Blood Count
 Erythrocyte Sedimentation Rate
 Lipid Profile
 Chest Xray
 Urinalysis
 Stool Routine Examination
 Hep B Screening Test
 Hep C Screening Test
 Kidney Function Test
 Liver Function Test
 Resting ECG

Advanced Package cont'd

Urine For Mcs And Culture (Ucem) (Msu)
 Thyroid Stimulating Hormone (TSH)
 Glycated Hemoglobin (HbA1c)
 Echocardiogram
 Breast Scan < 40
 Mammogram- Bilateral - 40+/if clinically required
 Stress ECG
 Spirometry (Lung Function Test)
 Eye Examination - Fundoscopy, Visual Acquity
 Cancer Tumor Markers (CEA, CA-125, CA 19-9,
 Alpha Feto Protein)
 Consultation with 1 specialist based on the screening result
 Dental- Scaling and polishing
 Audiometry - Hearing test

Super Advanced Package

Pre and Post Medical Assessment & Consultation
 Body Mass Index (BMI)
 Blood Pressure Check
 Fasting & Random Blood Sugar
 Clinical Breast Examination
 Preventive Medication Recommendations/
 Lifestyle Modification Counselling
 Cervical Smear (Pap Smear)
 Abdominopelvic Ultrasound
 Colon Cancer Screening (Faecal Immunichemistry Test (Fit))
 Uric Acid
 Calcium Serum
 Full Blood Count
 Erythrocyte Sedimentation Rate
 Lipid Profile
 Chest Xray
 Urinalysis
 Stool Routine Examination
 Hep B Screening Test
 Hep C Screening Test
 Kidney Function Test
 Liver Function Test
 Resting ECG

Super Advanced Package cont'd

Urine For Mcs And Culture (Ucem) (Msu)
 Thyroid Function Test
 Glycated Hemoglobin (HbA1c)
 Echocardiogram
 Breast Scan < 40
 Mammogram- Bilateral - 40+/if clinically required
 Stress ECG
 Spirometry (Lung Function Test)
 Eye Examination - Fundoscopy, Visual Acquity
 Cancer Tumor Markers (CEA, CA-125, CA 19-9,
 Alpha Feto Protein)
 Consultation with 2 specialists based on the
 screening result
 Audiometry - Hearing Test
 Dental Check - Scaling and polishing
 Pulmonary Function Test (PFT)

Add ons

You may choose from the following add-on tests.
Kindly consult with a physician for additional information

Colonoscopy

Sexual Health

Sleep Study

*Study can be conducted at home with a portable device
to monitor your breathing and other parameters



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