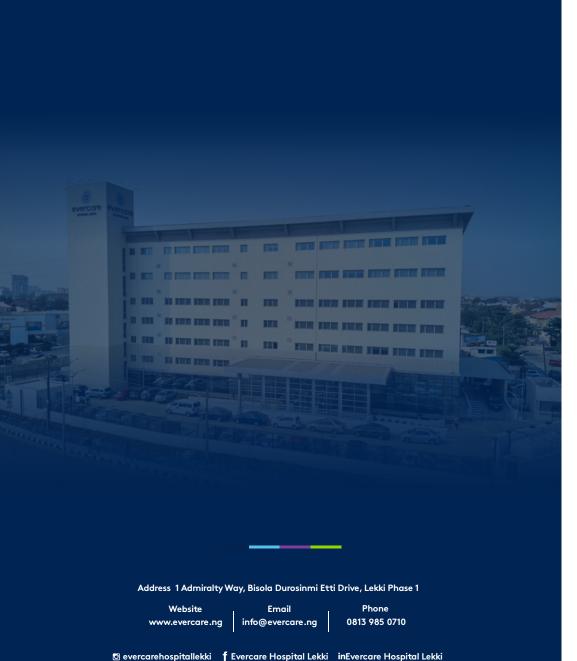


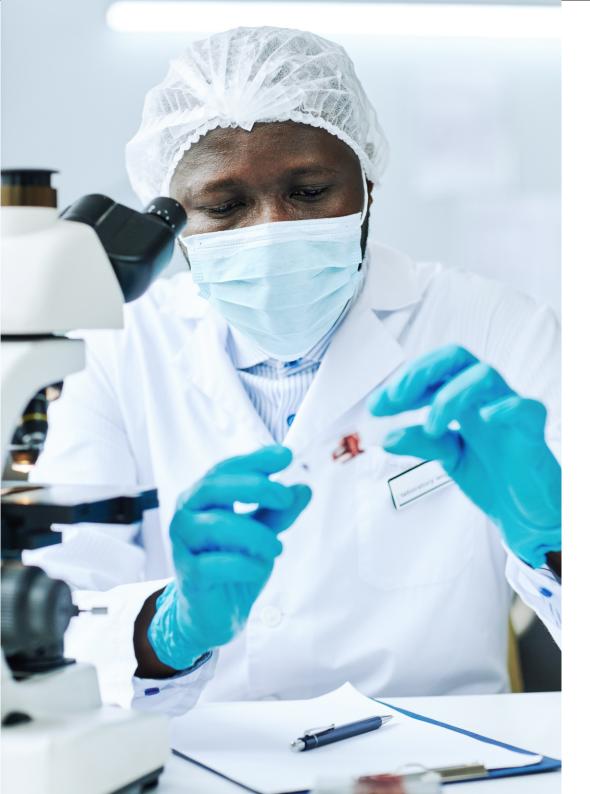
Transforming Healthcare

# Health and Wellness Screening Packages









Our preventive and wellness packages have been designed to screen all relevant health indicators and parameters to detect any unusual risk factors.

There are studies to show that regular health screenings could significantly improve our quality of life, by preventing the onset of chronic diseases as well as early detection of major diseases. Early detection of major diseases is a critical factor in the successful treatment of such diseases.





According to the World Health Organization, regular screenings are advised for both men and women because detecting symptoms of certain health conditions early allows for more treatment options.

At Evercare Hospital Lekki, we recognize these factors and have created affordable health screening packages for men and women. These packages were specially curated to suit various needs.

We also curate custom packages as well as provide additional/top up screenings based on requests.

Send an email to wellness@evercare.ng for custom packages

For more information and to schedule a health and wellness screening, contact wellness@evercare.ng or call 0813 985 0710

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# **Basic Package**

Pre and Post Medical Assessment & Consultation

Body Mass Index (BMI)

Blood Pressure Check

Fasting & Random Blood Sugar

Clinical Breast Examination

Preventive Medication Recommendations/

Lifestyle Modification Counselling

Cervical Smear (Pap Smear)

Abdominopelvic Ultrasound

Stool Occult Blood

Uric Acid

Calcium Serum

Full Blood Count

Erythrocyte Sedimentation Rate

Lipid Profile

Chest Xray

Urinalysis

Stool Routine Examination

Hep B Screening Test

Hep C Screening Test

Kidney Function Test

Liver Function Test

Resting ECG





# evercare HOSPITAL LEKKI

## Intermediate Package

Pre and Post Medical Assessment & Consultation

Body Mass Index (BMI)

**Blood Pressure Check** 

Fasting & Random Blood Sugar

Clinical Breast Examination

Preventive Medication Recommendations/

Lifestyle Modification Counselling

Cervical Smear (Pap Smear)

Abdominopelvic Ultrasound

Stool Occult Blood

Uric Acid

Calcium Serum

Full Blood Count

Erythrocyte Sedimentation Rate

Lipid Profile

Chest Xray

Urinalysis

Stool Routine Examination

Hep B Screening Test

Hep C Screening Test

Kidney Function Test

Liver Function Test

Resting ECG

### Intermediate Package cont'd

Urine For Mcs And Culture (Ucem) (Msu)

Thyroid Stimulating Hormone (TSH)

Glycated Hemoglobin (HbA1c)

Breast Scan - below 40 Years



# evercare HOSPITAL LEKKI

# Comprehensive Package

Pre and Post Medical Assessment & Consultation

Body Mass Index (BMI)

**Blood Pressure Check** 

Fasting & Random Blood Sugar

Clinical Breast Examination

Preventive Medication Recommendations/

Lifestyle Modification Counselling

Cervical Smear (Pap Smear)

Abdominopelvic Ultrasound

Colon Cancer Screening (Faecal Immunichemistry Test (Fit))

Uric Acid

Calcium Serum

Full Blood Count

Erythrocyte Sedimentation Rate

Lipid Profile

Chest Xray

Urinalysis

Stool Routine Examination

Hep B Screening Test

Hep C Screening Test

Kidney Function Test

Liver Function Test

Resting ECG

### Comprehensive Package cont'd

Urine For Mcs And Culture (Ucem) (Msu)

Thyroid Function Test

Glycated Hemoglobin (HbA1c)

Echocardiogram

Breast Scan < 40

Mammogram-Bilateral - 40+/if clinically required

Spirometry (Lung Function Test)

Eye Examination - Fundoscopy, Visual Acquity

Dental - Scaling & Polishing

Audiometry - Hearing Test



# Advanced Package

Pre and Post Medical Assessment & Consultation

Body Mass Index (BMI)

**Blood Pressure Check** 

Fasting & Random Blood Sugar

Clinical Breast Examination

Preventive Medication Recommendations/

Lifestyle Modification Counselling

Cervical Smear (Pap Smear)

Abdominopelvic Ultrasound

Colon Cancer Screening (Faecal Immunichemistry Test (Fit))

Uric Acid

Calcium Serum

Full Blood Count

Erythrocyte Sedimentation Rate

Lipid Profile

Chest Xray

Urinalysis

Stool Routine Examination

Hep B Screening Test

Hep C Screening Test

Kidney Function Test

Liver Function Test

Resting ECG



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### Advanced Package cont'd

Urine For Mcs And Culture (Ucem) (Msu)

Thyroid Stimulating Hormone (TSH)

Glycated Hemoglobin (HbA1c)

Echocardiogram

Breast Scan < 40

Mammogram-Bilateral - 40+/if clinically required

Stress ECG

Spirometry (Lung Function Test)

Eye Examination - Fundoscopy, Visual Acquity

Cancer Tumor Markers (CEA, CA-125, CA 19-9,

Alpha Feto Protein)

Consultation with 1 specialist based on the screening result

Dental-Scaling and polishing

Audiometry - Hearing test



# evercare HOSPITAL LEKKI

# **Super Advanced Package**

Pre and Post Medical Assessment & Consultation

Body Mass Index (BMI)

**Blood Pressure Check** 

Fasting & Random Blood Sugar

Clinical Breast Examination

Preventive Medication Recommendations/

Lifestyle Modification Counselling

Cervical Smear (Pap Smear)

Abdominopelvic Ultrasound

Colon Cancer Screening (Faecal Immunichemistry Test (Fit))

Uric Acid

Calcium Serum

Full Blood Count

Erythrocyte Sedimentation Rate

Lipid Profile

Chest Xray

Urinalysis

Stool Routine Examination

Hep B Screening Test

Hep C Screening Test

Kidney Function Test

Liver Function Test

Resting ECG

### Super Advanced Package cont'd

Urine For Mcs And Culture (Ucem) (Msu)

Thyroid Function Test

Glycated Hemoglobin (HbA1c)

Echocardiogram

Breast Scan < 40

Mammogram-Bilateral - 40+/if clinically required

Stress ECG

Spirometry (Lung Function Test)

Eye Examination - Fundoscopy, Visual Acquity

Cancer Tumor Markers (CEA, CA-125, CA 19-9,

Alpha Feto Protein)

Consultation with 2 specialists based on the

screening result

Audiometry - Hearing Test

Dental Check - Scaling and polishing

Pulmonary Function Test (PFT)



#### Add ons

You may choose from the following add-on tests. Kindly consult with a physician for additional information

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Colonoscopy

Sexual Health

Sleep Study

\*Study can be conducted at home with a portable device to monitor your breathing and other parameters



For more information and to schedule a health and wellness screening, contact wellness@evercare.ng or call 0813 985 0710

